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Oral 	<i>Bacillus coagulans</i> BC 4		Sharma J.K., 1980
Caries 		 7-14 y-old	Jindal G., 2011
Caries 	<i>Lb. rhamnosus</i> LB21	 1-5 y-old	Stecksén-Blicks C., 2009 ¹
Caries 	<i>Lb. rhamnosus</i> SP 1	 2-3 y-old	Morales A., 2016 ¹ Rodríguez G., 2016 ¹
Skin 			Fabbrocini G., 2016 ¹
Urti 	<i>Lb. rhamnosus</i> CRL1505	 2-5 y-old	Villena J., 2012 ¹
Gut 			
Gut 	VYS MIX8 CSL: <i>St. thermophilus</i> 9Y <i>St. thermophilus</i> Z57 <i>Bf. breve</i> BL10* <i>Bf. animalis</i> subsp. <i>lactis</i> Bi1* <i>Bf. breve</i> Bbr8 <i>Lb. acidophilus</i> LA1 <i>Lb. acidophilus</i> K8 <i>Lb. plantarum</i> 14D <i>Lb. paracasei</i> 101/37* <i>Lb. bulgaricus</i> LB2 <i>Ec. faecium</i> SF68 <i>Ec. faecium</i> SF95		Bazzocchi P., 1998 Brigidi P., 2001 Venturi A., 1999 Campieri M., 1999 Gionchetti P., 2000 ¹
			Zoppi G., 2001
		 0,5-6 y-old	Forero-Gomez J., 2006 ¹
			Forero-Gomez J., 2005 ¹
Gut 	Pentabiocel® : <i>Bf. breve</i> BL10* <i>Bf. animalis</i> subsp. <i>lactis</i> Bi1* <i>Bf. breve</i> Bbr8 <i>Lb. plantarum</i> 14D <i>Lb. paracasei</i> 101/37*		Francavilla A., Proceso Clinical Trial NCT01699191
Gut 	SYNBIO® blend (1:1) of: <i>Lb. rhamnosus</i> IMC 501® <i>Lb. paracasei</i> IMC 502®		Verdenelli M.C., 2011 ¹ ; Silvi S., 2014 ¹
Allergy 			Cecchini C., 2016
Sport 			Martarelli D., 2011 Verdenelli M.C., 2011b ¹
Vaginal 			Verdenelli M.C., 2016 Coman MM., 2014
Urogenital 	<i>Lb. plantarum</i> LB931		Rönnqvist D., 2006 ¹

Application	Strain	Subjects	References (main studies)
Cardiovascular 	<i>Lb. plantarum</i> LP _{LDL} ®		Costabile A., in press ¹
Immune response 	VYS MIX7 CSL: <i>St. thermophilus</i> 9Y <i>St. thermophilus</i> Z57 <i>Bf. breve</i> BL10* <i>Bf. animalis subsp. lactis</i> Bi1* <i>Bf. breve</i> Bbr8 <i>Lb. acidophilus</i> LA1 <i>Lb. acidophilus</i> K8 <i>Lb. plantarum</i> 14D <i>Lb. paracasei</i> 101/37* <i>Lb. bulgaricus</i> LB2	 4-14 y-old 	Zanini K., 2007

* New classification according to recent identification methods

¹ A randomised, double or triple-blind, placebo-controlled study